



Snohomish County Human Services

PARENTAL ALERT SEVERE OR LIFE THREATENING FOOD ALLERGY

YOUR ATTENTION COULD MAKE THE DIFFERENCE BETWEEN LIFE AND DEATH

Date
Dear Parent,
We are writing to inform you that a child at school or in the child-care program has a life-threatening allergy to
If the child is exposed to in any form
(even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the
entire body and can result in the child not being able to breathe and their heart stopping. Because of the severity of the
reaction, medication must be given immediately and 911 must be called for help. Staff has been trained to recognize and
respond to signs of this reaction, but we need your help.
Strict avoidance is the only way to prevent this type of reaction. The safest environment is one where there are no
of any kind in the classroom. To achieve the safest environment, we need
everyone's help. Another child bringing in the food poses a huge risk for the child with the allergy. In fact, even the vapors
from the food can cause a sensitive child to have the reaction. Please check the labels on foods and do not send any foods
containing of any kind to school. If you are bringing in foods for special events or class
parties, bring only commercially prepared food (no home-prepared food, please!) in the original packaging. The person in
charge of the site must check all food labels before the package is opened. If there is any question as to the safety of the
ingredients, the food may not be served.
We realize this request may cause you an inconvenience and we are sorry for this. We appreciate your help and understanding as we attempt to create the safest possible environment for our students.
Thanks again for your help and cooperation in this matter. Please contact your child's teacher if you have any questions.